



December 2016

Goldsboro Municipal Golf Course is owned by the City of Goldsboro and Operated by the Parks and Recreation Department—Scott Barnard, Director



Greetings Fellow Golfers,

Congratulations this month go out to our very own Bud Combs and Paul 'Crow' Bartlett. On Saturday November 5th, Bud Combs (pictured left) had his first ever Hole-In-One on hole number 12. Witnessing this feat was 'Bo' Hughes and Scott Learn. Also on Friday, November 11th, Paul 'Crow' Bartlett had an 'Albatross' (Double-Eagle) on hole number 14. His witnesses include Pat Rowley, John Pate and Craig Sutton. Way to go guys. Has anyone ever noticed that we obviously have the best players here at Goldsboro Municipal Golf Course. I never see anything in the paper from other local courses. December 21st is the first day of Winter, so I thought it appropriate to post again my suggestions for cold play. Being prepared is probably the best advice to give anyone. In cold weather, although not essential, a hand warmer certainly is a useful and welcomed addition. But don't put your golf ball in the same pocket with your warmer. That is a penalty. Dress for the occasion. Staying warm is the objective. Don't wear such bulky clothing so as to greatly restrict your swing. Layers of clothing are much more effective, especially if the weather warms during your round. An example might be thermal underwear, turtleneck shirt and a loose fitting sweater or sweater vest. For the lower torso you might include a heavy pair of pants (not made from wool) and two layers of socks. Your hands, feet and head are the most critical to keep warm. So don't forget a toboggan (or head scarf) for your head and gloves for your hands between shots. Playing in cold weather also calls for some adjustment in technique and strategy. Cold causes muscles to contract. Before and during the round you will have to pay more attention to warming up and stretching. Particularly stretch the back muscles so a full turn can be made. When wearing extra layers of clothing, the backswing will also tend to be shortened. This coupled with playing a cold golf ball will require you to add more club to reach the desired distance. Most people know that cold affects the distance a golf ball travels, but how many know how much? Just a little food for thought. With the air temperature at 95 degrees, a ball that will travel 262 yards will travel 250 yards at 68 degrees and 244 yards at 41 degrees. This means that if we play golf when its 50 degrees outside, we will lose at least a club to a club and a half in distance from our normal summer play. 150 yards to the hole? Instead of hitting a 7 iron, you might rethink and go with a 6 or an easy 5. See ya next month.

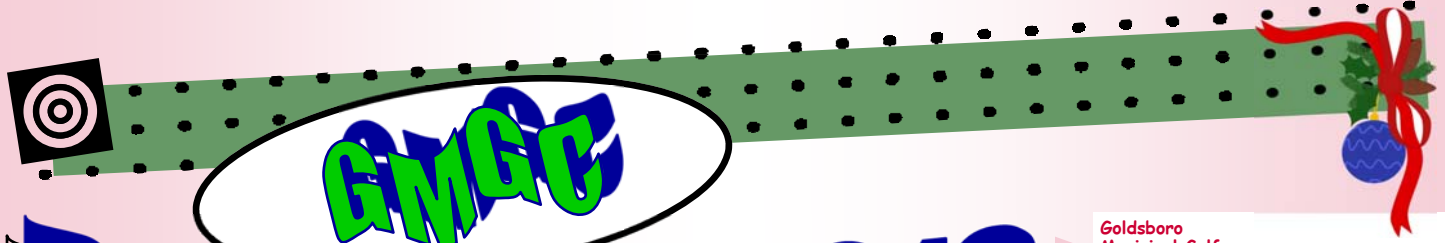
Jody F. Dean, PGA

GMGCG NEWS

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| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|-----|-----|---|----------------------------|--|---------------------------------------|
|  | | | | 1 | 2 4th Fighter Wing 12:00 Shotgun | 3 Tee Times |
| 4 Tee Times | 5 | 6 | 7 | 8 | 9 | 10 Tee Times |
| 11 Tee Times | 12 | 13 | 14 | 15 | 16 | 17 Tee Times |
| 18 Tee Times | 19 | 20 | 21  | 22 | 23 | 24 Tee Times |
| 25 Closed  | 26 | 27 | 28 | 29 SE Seniors 10:30? | 30 | 31 Tee Times NEW YEAR'S EVE |
| | | | | | | |

GMGC RULES

- Repair ball marks and rake sand traps
- Follow car rule for the day
- Allow faster players to play through
- Starting play on 10th tee by permission from Pro Shop only
- Do not drive cars past exit poles (brown pole w/ white top)
- Groups of 5 by permission from Pro Shop
- Tee times required for weekend and holiday play and can be made one week in advance
- Members and guests must have a valid drivers license to operate golf cars
- Practice proper golf etiquette
- Return golf cars by the posted time
- No private coolers allowed—No Glass Bottles
- No Refunds

407 Eden Place
 Goldsboro, NC 27530

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